UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of The
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 19, 2026

BellRing Brands, Inc.

(Exact name of registrant as specified in its charter)

Delaware	**001-39093**	**87-3296749**
(State or other jurisdiction of incorporation)	(Commission File Number)	(IRS Employer Identification No.)

1 N Brentwood Blvd., Suite 1550	**St. Louis**	**Missouri**	**63105**
(Address of Principal Executive Offices)			(Zip Code)

Registrant's telephone number, including area code: **(314) 644-7652**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, $0.01 par value per share	**BRBR**	**New York Stock Exchange**

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.☐

Item 8.01. Other Events.

On November 18, 2026, Robert V. Vitale, Chairperson of the Board of Directors (the "Board") of BellRing Brands, Inc. (the "Company"), notified the Company that he will be taking a medical leave of absence from his position as Chairperson of the Board, effective November 19, 2026.

Mr. Vitale will remain on the Board, however, beginning on November 19, 2026, the Board appointed David I. Finkelstein, an existing member of the Board, to serve as Interim Chairperson of the Board. Mr. Finkelstein will serve in this capacity until such time as the Board determines otherwise.

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Date: November 19, 2026

BellRing Brands, Inc.

(Registrant)

By: /s/ Craig L. Rosenthal

Name: Craig L. Rosenthal

Title: Chief Legal Officer and Corporate Secretary