FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number: 3235-0104

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or section s	o(ii) of the lin	ivestment Company Act of 1940					
1. Name and Address of Reporting Person* PARTIN ROBERT L				Date of Event Requiring Statement (Month/Day/Year) 10/16/2019			3. Issuer Name and Ticker or Trading Symbol BELLRING BRANDS, INC. [BRBR]					
(Last) C/O BELLRING BR/	(First) (Middle) ELLRING BRANDS, INC.					Relationship of Reporting Person(s) to Issuer (Check all applicable) Director		10% Owner Other (specify below)		5. If Amendment, Date of Original Filed (Month/Day/Year)		
2503 S. HANLEY ROAD						X	Officer (give title below)			Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person		
(Street) ST. LOUIS MO 63144						SVP, SALES OF PN		VC		Form filed by More than One Reporting Person		
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
					2. Amount o (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4) 2. Date Exercisable a Expiration Date (Month/Day/Year)				ate	(Instr. 4) Exercise of Derivat		4. Conversion	ce Form: Direct (D) or	6. Nature of Indirect Beneficial Ownership (Instr. 5)			
				Date Exercisable	Expiration Date	Title		Amount or Number of Shares				

Explanation of Responses:

Remarks:

See attached Exhibit 24 - Power of Attorney
No securities are beneficially owned.

/s/ Craig L. Rosenthal, Attorney-in-Fact
** Signature of Reporting Person

10/16/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

** If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number 1.

Exhibit 24

SECTION 16

POWER OF ATTORNEY

Know all by these presents that the undersigned hereby constitutes and appoints Craig L. Rosenthal, and his successor in office and designee, the undersigned's true

- (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID,
- (2) execute and file for and on behalf of the undersigned, in the undersigned's capacity as an officer of BellRing Brands, Inc. (the "Company"), Forms 3, 4 and 5
- (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, cor
- take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the beautherisigned hereby grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proceed to file Forms 3, 4 and 5 with respect to the undersigned's had performed to file Forms 3, 4 and 5 with respect to the undersigned's had performed to file Forms 3, 4 and 5 with respect to the undersigned's had performed to file Forms 3, 4 and 5 with respect to the undersigned's had performed to file Forms 3, 4 and 5 with respect to the undersigned's had performed to file Forms 3, 4 and 5 with respect to the undersigned's had performed to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to the undersigned to file Forms 3, 4 and 5 with respect to file Forms 4.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 4th day of October, 2019.

/s/ Robert L. Partin Robert L. Partin