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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	
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Check this box if no longer subject	STATI
to Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

EMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Class A Common Stock 02/03/2021 A 4,066(1) A \$0 10,461 D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Conversion or Exercise (Month/Day/Year) 3. Transaction Date Execution Date, or Exercise (Month/Day/Year) 3. Transaction Date (Execution Date, if any of Inance Code (Instr. 4) 5. Number of Expiration Date (Month/Day/Year) 5. Number of Expiration Date (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Secur	Name and Address of Reporting Person* STEIN ELLIOT JR					2. Issuer Name and Ticker or Trading Symbol BELLRING BRANDS, INC. [BRBR]									ck all app	tor	ng Per	10% O	wner	
(Street) ST. LOUIS MO 63144 Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) Class A Common Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Perivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Perivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned [(Nonth/Day/Year)] Table II - Derivative Securities Acquired [(Nonth/Day/Year)] Table II - Nature Acquired [(Nonth/Day/Year)] Tansaction [(Nonth/Day/Year)] Table II - Nature Acquired [(Nonth/	` ′	`	,	Middle)																specify
City (State City	2503 S. HANLEY ROAD					4. If Amendment, Date of Original Filed (Month/Day/Year)								' " ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '						
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Explanation of Responses:

Remarks:

/s/ Craig L. Rosenthal, 02/05/2021 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} Each restricted stock unit represents a contingent right to receive one share of BellRing Brands, Inc. Class A common stock granted under the BellRing Brands, Inc. 2019 Long-Term Incentive Plan. The restricted stock units vest in full on the first anniversary of the date of grant subject to the terms of the award agreement.