UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): February 28, 2022



BellRing Brands, Inc. (Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) (Commission (Commission incorporation) (File Number) (IRS Employer Identification No.)

2503 S. Hanley Road St. Louis Missouri (Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (314) 644-7600

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- ☑ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- □ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class Trading Symbol(s) Trading On which registered Class A common stock, par value \$0.01 per BRB New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company \square

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

Item 7.01. Regulation FD Disclosure.

Pursuant to Regulation FD, BellRing Brands, Inc. (the "Company" or "BellRing") hereby furnishes investor presentation materials (the "Investor Presentation"). The Company expects to use the Investor Presentation in connection with presentations to investors beginning on February 28, 2022. A copy of the Investor Presentation is attached as Exhibit 99.1 to this Current Report on Form 8-K.

The information contained in this Item 7.01 and in the accompanying Exhibit 99.1 shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section, nor shall such information or exhibit be deemed incorporated by reference in any filing under the Exchange Act or the Securities Act of 1933, as amended (the "Securities Act"), except as shall be expressly set forth by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

No. Description

99.1 Investor Presentation dated February 2022

104 Cover Page Interactive Data File (the cover page iXBRL tags are embedded within the Inline XBRL document)

Cautionary Statement on Forward-Looking Language

Certain matters discussed in this filing are forward-looking statements. These forward-looking statements are made based on known events and circumstances at the time of release, and as such, are subject to uncertainty and changes in circumstances. These forward-looking statements include statements regarding Post Holdings, Inc.'s ("Post") proposed distribution of a significant portion of its interest in New BellRing Distribution, LLC ("New BellRing") to Post shareholders, including the amount of New BellRing equity Post intends to distribute, the form of the distribution, the amount of cash Post intends to contribute to New BellRing and New BellRing's intended use of the cash it receives from Post. There is no assurance that the proposed transaction will be completed as anticipated or at all, and there are a number of risks, uncertainties and assumptions that could cause actual results to differ materially from the forward-looking statements made herein, including risks relating to unanticipated developments that prevent, delay or negatively impact the proposed transaction, the ongoing conflict in the Ukraine, the rapidly changing situation related to the COVID-19 pandemic and other financial, operational and legal risks and uncertainties described in BellRing's filings with the Securities and Exchange Commission (the "SEC"). These forward-looking statements represent BellRing's judgment as of the date of this filing. BellRing disclaims, however, any intent or obligation to update these forward-looking statements.

Additional Information and Where to Find It

This filing does not constitute an offer to sell, the solicitation of an offer to sell or the solicitation of an offer to buy any securities, nor shall there be any sale of securities in any jurisdiction in which such offer, solicitation or sale would be unlawful prior to registration or qualification under the securities laws of any such jurisdiction. No offer of securities shall be made except by means of a prospectus meeting the requirements of Section 10 of the Securities Act. In connection with the proposed transaction, New BellRing (as BellRing Distribution, LLC) has filed a registration statement of New BellRing on Form S-4 (File No. 333-261741) with the SEC, which contains a prospectus of New BellRing and a definitive proxy statement of BellRing, dated February 3, 2022, and a registration statement of New BellRing on Form S-4/S-1 (File No. 333-261873) with the SEC, which contains a prospectus of New BellRing, dated February 14, 2022. INVESTORS AND SECURITYHOLDERS ARE URGED TO READ THE REGISTRATION STATEMENTS/PROSPECTUSES, PROXY STATEMENT AND ANY DOCUMENTS INCORPORATED BY REFERENCE THEREIN, ANY AMENDMENTS OR SUPPLEMENTS TO THESE FILINGS, AND ANY OTHER RELEVANT DOCUMENTS WHEN THEY BECOME AVAILABLE BECAUSE THEY WILL CONTAIN IMPORTANT INFORMATION ABOUT NEW BELLRING, BELLRING AND THE PROPOSED TRANSACTION. The registration statements were declared effective by the SEC on February 3, 2022.

and a definitive proxy statement/prospectus was mailed on or about February 3, 2022 to stockholders of BellRing seeking that such stockholders adopt the definitive agreement for the proposed transaction. Investors and security holders will be able to obtain these materials (when they are available) and other documents filed with the SEC free of charge from the SEC's website, www.sec.gov, BellRing's website, www.bestite.gov/, or Post's website, www.postholdings.com.

The transaction and distribution of this filing may be restricted by law in certain jurisdictions and persons who come into possession of any document or other information referred to herein should inform themselves about and observe any such restrictions. Any failure to comply with these restrictions may constitute a violation of the securities laws of any such jurisdiction. No offering of securities will be made, directly or indirectly, in or into any jurisdiction where to do so would be inconsistent with the laws of such jurisdiction.

Participants in a Solicitation

BellRing, New BellRing, Post and their respective directors and executive officers and other members of management and employees may be deemed to be participants in the solicitation of proxies from BellRing's stockholders with respect to the approvals required to complete the proposed transaction. More detailed information regarding the identity of these potential participants, and any direct or indirect interests they may have in the proposed transaction, by security holdings or otherwise, is set forth in BellRing's definitive proxy statement filed with the SEC. Information regarding the directors and executive officers of BellRing is available in its definitive proxy statement, which was filed with the SEC on December 29, 2021, and its definitive proxy statement relating to the proposed transaction, which was filed with the SEC on February 3, 2022. Information regarding the directors and executive officers of Post is available in its definitive proxy statement, which was filed with the SEC on December 6, 2021. Free copies of these documents may be obtained as described above.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Date: February 28, 2022

BellRing Brands, Inc. (Registrant)

By: /S / Craig L. Rosenthal
Name: Craig L. Rosenthal
Title: Senior Vice President and General Counsel, Secretary





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Cautionary Statement Regarding Forward-Looking Stateme

Certain matters discussed in this presentation and the accompanying oral presentation are forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. These forward-looking statements are made based on known events and circumstances at the time of presentation, and as such, are subject to uncertainty and changes in circumstances.

These forward-looking statements include, among others, statements regarding BellRing Brands, Inc.'s ("BellRing") and, following the separation of BellRing from Post Holdings, Inc. ("Post"), BellRing Distribution, LLC's (which will be converted to a corporation and renamed BellRing Brands, Inc.) ("New BellRing") net sales, Adjusted EBITDA and capital expenditure outlook ranges, BellRing's prospective financial and operating performance and opportunities and statements regarding the proposed separation of BellRing from Post and the related transactions and the effect of the COVID-19 pandemic on BellRing's business and BellRing's continuing response to the COVID-19 pandemic. These forward-looking statements are sometimes identified from the use of forward-looking words such as "believe," "should," "could," "potential," "continue," "expect," "project," "estimate," "predict," "anticipate," "aim," "intend," "plan," "forecast," "target," "is likely," "will," "can," "may" or "would" or the negative of these terms or similar expressions, and include all statements regarding future performance, events or developments. There are a number of risks and uncertainties that could cause actual results to differ materially from the forward-looking statements made herein.

THESE RISKS AND UNCERTAINTIES INCLUDE, BUT ARE NOT LIMITED TO, THE FOLLOWING:

- risks related to the proposed distribution by Post of a significant portion of its ownership interest in BellRing, including that it is subject to various conditions and may not occur, BellRing's inability to take certain actions because such actions could jeopardize the tax-free status of the proposed distribution, BellRing's possible responsibility for U.S. federal tax liabilities related to the proposed distribution and the incurrence by New BellRing of significant indebtedness in connection with the transactions;
- the impact of the COVID-19 pandemic, including negative impacts on the global economy and capital
 markets, the health of BellRing's employees, BellRing's ability and the ability of its third party contract
 manufacturers to manufacture and deliver its products, operating costs, demand for its on-the-go products
 and its operations generally;
- the possibility that, if completed, the transactions may not be successful or achieve their anticipated benefits or New BellRing will face increased competition or a lack of acceptance of its products;

- · BellRing's dependence on sales from its ready-to-drink ("RTD") protein shakes;
- BellRing's ability to continue to compete in its product categories and its ability to retain and favorable perceptions of its brands;
- disruptions or inefficiencies in BellRing's supply chain, including as a result of BellRing's
 party suppliers or manufacturers for the manufacturing of many of its products, pandem
 COVID-19 pandemic) and other outbreaks of contagious diseases, labor shortages, fire
 related thereto, changes in weather conditions, natural disasters, agricultural diseases;
 events beyond BellRing's control;
- BellRing's dependence on a limited number of third party contract manufacturers for the most of its products, including one manufacturer for the substantial majority of its RTD |
- the ability of BellRing's third party contract manufacturers to produce an amount of Bell enables BellRing to meet customer and consumer demand for the products;
- · BellRing's reliance on a limited number of third party suppliers to provide certain ingred
- significant volatility in the cost or availability of inputs to BellRing's business (including f
 materials, packaging, energy, labor and other supplies);
- BellRing's ability to anticipate and respond to changes in consumer and customer prefe behaviors and introduce new products;
- · consolidation in BellRing's distribution channels;
- · BellRing's ability to expand existing market penetration and enter into new markets;
- · the loss of, a significant reduction of purchases by or the bankruptcy of a major custom
- legal and regulatory factors, such as compliance with existing laws and regulations, as
 and regulations and changes to existing laws and regulations and interpretations therec
 BellRing's business, including current and future laws and regulations regarding food si
 labeling, tax matters and environmental matters;



Cautionary Statement Regarding Forward-Looking Stateme (Cont'd)

(CONTINUED FROM PRIOR PAGE):

- · fluctuations in BellRing's business due to changes in its promotional activities and seasonality;
- BellRing's ability to maintain the net selling prices of its products and manage promotional activities with respect to its products;
- BellRing's high leverage, its ability to obtain additional financing (including both secured and unsecured debt) and its ability to service its outstanding debt (including covenants that restrict the operation of its business);
- · the accuracy of BellRing's market data and attributes and related information;
- · changes in estimates in critical accounting judgments;
- · economic downturns that limit customer and consumer demand for BellRing's products;
- changes in economic conditions, disruptions in the United States and global capital and credit markets, changes in interest rates, volatility in the market value of derivatives and fluctuations in foreign currency exchange rates;
- risks related to BellRing's ongoing relationship with Post, including Post's control over BellRing and ability
 to control the direction of BellRing's business, conflicts of interest or disputes that may arise between Post
 and BellRing and BellRing's obligations under various agreements with Post, including under the tax
 receivable agreement:
- conflicting interests or the appearance of conflicting interests resulting from certain of BellRing's directors also serving as officers or directors of Post;
- · the ultimate impact litigation or other regulatory matters may have on BellRing;
- risks associated with BellRing's international business;

- BellRing's ability to protect its intellectual property and other assets and to continue to ι intellectual property subject to intellectual property licenses;
- costs, business disruptions and reputational damage associated with information technicybersecurity incidents and/or information security breaches;
- · impairment in the carrying value of goodwill or other intangibles;
- BellRing's ability to identify, complete and integrate or otherwise effectively execute acc strategic transactions and effectively manage its growth;
- BellRing's ability to satisfy the requirements of Section 404 of the Sarbanes-Oxley Act of
- significant differences in BellRing's actual operating results from BellRing's guidance re performance;
- BellRing's ability to hire and retain talented personnel, employee absenteeism, labor str stoppages or unionization efforts;
- and other risks and uncertainties described in BellRing's filings with the Securities and Commission ("SEC").

You should not rely upon forward-looking statements as predictions of future events. Althou believes that the expectations reflected in the forward-looking statements are reasonable, E guarantee that the future results, levels of activity, performance or events and circumstance forward-looking statements will be achieved or occur. Moreover, BellRing undertakes no ob publicly any forward-looking statements for any reason after the date of this presentation to statements to actual results or to changes in its expectations.



Additional Information

Non-GAAP Financial Measures

While BellRing reports financial results in accordance with U.S. generally accepted accounting principles ("GAAP"), this presentation includes the non-GAAP measures of Adjusted EBITDA and free cash flow for BellRing, neither of which is in accordance with or a substitute for GAAP measures. Adjusted EBITDA is a non-GAAP measure which represents earnings before interest, income taxes, depreciation, amortization and other adjustments, as detailed later in this presentation in the Appendix. Free cash flow is a non-GAAP measure which represents cash flow from operating activities less capital expenditures. For a reconciliation of Adjusted EBITDA in this presentation to the most directly comparable GAAP measure, see the Appendix.

Management uses certain non-GAAP measures, including Adjusted EBITDA and free cash flow, as key metrics in the evaluation of underlying company performance, in making financial, operating and planning decisions, and, in part, in the determination of bonuses for its executive officers and employees. Additionally, BellRing Brands, LLC ("BellRing LLC") is required to comply with certain covenants and limitations that are based on variations of EBITDA in BellRing LLC's financing documents. Management believes the use of non-GAAP measures, including Adjusted EBITDA and free cash flow, provides increased transparency and assists investors in understanding the underlying operating performance of BellRing and in the analysis of ongoing operating trends.

BellRing considers Adjusted EBITDA an important supplemental measure of performance and ability to service debt.
Adjusted EBITDA is often used to assess performance because it allows comparison of operating performance on a
consistent basis across periods by removing the effects of various items. Adjusted EBITDA has various limitations as an
analytical tool, and you should not consider it in isolation or as a substitute for analysis of results as reported under GAAP.

In this presentation, BellRing provides certain non-GAAP forecasts on a non-GAAP basis and does not provide a reconciliation of such forward-looking non-GAAP measures to the most directly comparable GAAP measures due to the inherent difficulty in forecasting and quantifying certain amounts that are necessary for such reconciliation, including, among others, adjustments that could be made for restructuring and facility closures costs, separation costs, net earnings attributable to redeemable NCI and other charges reflected in BellRing's reconciliation of historical numbers, the amounts of which, based on historical experience, could be significant.

Trademarks and Service Marks

Logos, trademarks, trade names and service marks mentioned in this presentation, including BellRing®, BellRing Brands®, Premier Protein®, Dymatize®, PowerBar®, Premier Protein Clear®, ISO.100®, Elite Mass®, Elite Whey Protein®, Elite 100% Whey®, Super Mass Gainer®, All9 Amino®, Pebbles®, Dunkin®, PREW, OØ, Athlete's BCAA®, PowerBar Clean WheyTM, PowerBar Protein PlusTM, Protein Nut2TM, PowerBar EnergizeTM and Joint Juice®, are currently the property of, or are under license by, BellRing or one of its subsidiaries. BellRing or one of its subsidiaries owns or has rights to use the trademarks, service marks and trade names that are used in conjunction with the operation of BellRing or its subsidiaries' businesses. Some of the more important trademarks that BellRing or one of its subsidiaries owns or has rights to use that

appear in this presentation may be registered in the U.S. and other jurisdictions. Each logo, trademark mark of any other company appearing in this presentation is owned or used under license by such cor

Market and Industry Data

This presentation includes industry and trade association data, forecasts and information that were pri upon data, forecasts and information obtained from independent trade associations, industry publication their independent sources available to BeliRing, Some data also is based on BeliRing management's which are derived from management's knowledge of the industry and from independent sources. The publications and surveys generally state that the information included therein has been obtained from reliable, but that the publications and surveys can give no assurance as to the accuracy or completent BeliRing has not independently verified any of the data from third party sources nor has it ascertained economic assumptions on which such data are based. Similarly, BeliRing believes its internal research though such research has not been verified by any independent sources and BeliRing cannot guarant completeness.

No Offer of Securities

This presentation does not constitute an offer to sell or the solicitation of an offer to buy securities.



Additional Information (Cont'd)

Prospective Information

Any prospective information provided in this presentation regarding BellRing's future performance, including BellRing's plans, expectations, estimates and similar statements, represents BellRing management's estimates as of February 3, 2022 only (and is not therefore updated as of the date hereof) and are qualified by, and subject to, the assumptions and the other information set forth on the slide captioned "Cautionary Statement Regarding Forward-Looking Statements."

Prospective information provided in this presentation regarding BellRing's plans, expectations, estimates and similar statements contained in this presentation are based upon a number of assumptions and estimates that, while they may be presented with numerical specificity, are inherently subject to business, economic and competitive uncertainties and contingencies, including the COVID-19 pandemic, many of which are beyond BellRing's control, are based upon specific assumptions with respect to future business decisions, some of which will change, and are necessarily speculative in nature. It can be expected that some or all of the assumptions of the estimates will not materialize or will vary significantly from actual results. Accordingly, the information set forth herein is only an estimate as of February 3, 2022, and actual results will vary from the estimates set forth herein. It should be recognized that the reliability of any forecasted financial data diminishes the farther in the future that the data is forecast. In light of the foregoing, investors should put all prospective information in context and not rely on it.

Any failure to successfully implement BellRing's operating strategy or the occurrence of the events or circumstances set forth under "Cautionary Statement Regarding Forward-Looking Statements" could result in the actual operating results being different than the estimates set forth herein, and such differences may be adverse and material.



Today's speakers









COMPANY OVERVIEW

pelli,jug.

Introduction to BellRing Brands

	Category: Large and Growing Category Driven by Macro Consumer Trends Brands: Premier Protein and Dymatize are Two Leading.	
02 🚜	Brands : Premier Protein and Dymatize are Two Leading, Mainstream Brands with Significant Upside and Brand Loyalty	
03 🕸	Products: Amazing Products that Truly Improve Lives	
04 🙈	Competitive Moat : Ready-to-Drink Shake Production is Complex and Requires Significant Technical Expertise	
04 🕊	and Requires Significant Technical Expertise	
	and Requires Significant Technical Expertise Numbers: Rare Combination of Scale, Double Digit Organic Growth, Strong Margins and High Free Cash Flow Generation	

Strong perfor since the

- ✓ 21% revenue to achieve > of revenue
- Emergence
 Dymatize as growth engil
- ✓ Increased penetration Premier Pro across a var channels (1)



Our Mission: Bring Good Energy to the World

WHAT WE DO

Deliver nutrition people need and can't wait to have.

HOW WE DO IT

With optimism, kindness and a relentless drive to win

be a builder

play to win

connect and belong

ring the bell

pay forw





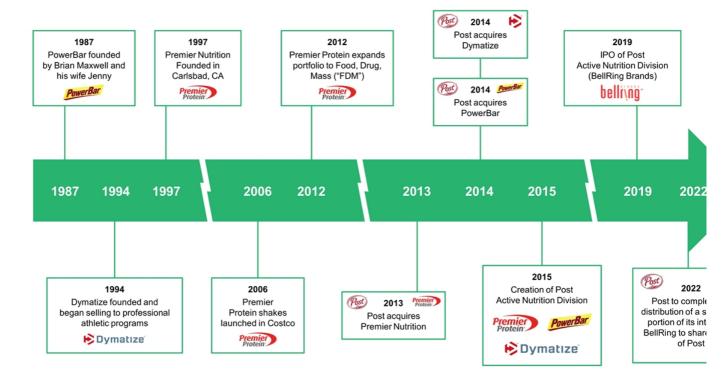








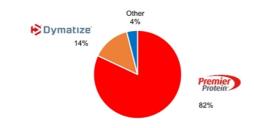
Our History



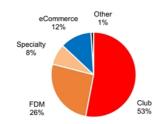


Portfolio Breakdown

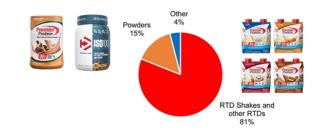
LTM Q1 2022 Net Sales by Brand



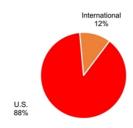
LTM Q1 2022 Net Sales by Channel



LTM Q1 2022 Net Sales by Product Type



LTM Q1 2022 Net Sales by Geography





Notes:
The Company has a fiscal year ending September 30. Last Twelve Months ("LTM") to December 31, 2021.

KEY INVESTMENT HIGHLIGHTS

pelli,jug.

Key Investment Highlights



Well positioned in growing and on-trend categories



Strong portfolio of brands with superior and innovative products



Proven track record across channels based on strong customer relationships



Attractive financial profile with proven growth track record



Experienced and talented management team





Large and Growing Global Convenient Nutrition Category...

\$35Bn Global Market (1)

\$20Bn

U.S. Market (1)

Convenient Nutrition (2)

U.S. Category 2019 - 2023 CAGR (3)

International Category 2019 – 2023 CAGR (3)

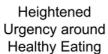


- Notes:
 1. Euromonitor July 2020 for Global and August 2021 for U.S.
 2. NielsenIQ Household Panel 52 weeks ended January 1, 2022.
 3. Calculated based on Euromonitor data for 2019–2023.



Powered By Key Consumer Macro Trends...







Aging Population



Proactive Health **Focus**



Return of On-The-Go

- 29 lbs average COVID-19 related weight gain (1)
- >100 million prediabetic or diabetic Americans (2)
- 63% of Americans trying to eat healthier (3)

Globally aging population increasingly turning to food and category to maintain health to support active lifestyles

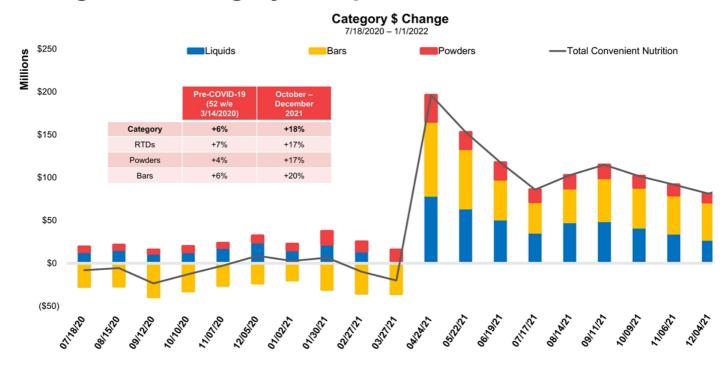
Near and long-term consumer mindset shift to proactive health and wellness amplified by both COVID-19 and globally aging population

Anticipated step char away-from-hom consumption as cons return to work, sch gyms and trave



American Psychological Association, February 2021.
 Centers for Disease Control and Prevention.
 2019 Label Insights Report.

... And Step Change Growth Driven by Consumers Increasi Turning to the Category to Improve Their Health





Strong, Complementary Portfolio of Brands

Brand Products Brand Vision





To improve people's health by putting great tastir nutrition within everyone's reach

Product focus: RTD Shakes





To protect and honor all athletes

Product focus: Protein Powder



Keys to Premier Protein's Success







GREAT PRODUCTS

Superior taste

Shakes have been awarded the American Masters of Taste Gold Medal for 2015-2022

Nutritional benefits

11oz shake contains 30 grams of protein with only 1 gram of sugar



MEETS NEEDS ACROSS CONSUMER SEGMENTS

Broad portfolio address multiple consumer needs

Flavors, benefits and forms attract consumers and keep them loyal



BRAND POSITIONING

Approachable protein

For everyone (not limited by muscle building weight loss positioning)

#1 Brand in the Convenient Nutrition and Convenient Nutrition RTD Category (1) Drove 35% of the Year-over-Year Convenient Nutrition RTD Category Growth (2)

Category-Leading Consumer Loyalty (\$69 Buy Rate (3), 52% Repeat Rate (4) and 66% Share of Requirements (Loyalty) (5)) (1)



- Notes:
 All Metrics for Total Premier Protein Shakes.

 1. NielsenIQ Household Panel 52 weeks ended January 1, 2022.

 2. Year-over-year defined as the 52 week period ended January 1, 2022.
- 3. Defined as the average amount of product purchased by one buying household during the specified time period i
 4. Defined as the percentage of product buyers who purchase at least twice during a specified time period.
 5. Defined as the percentage of category dollars households spend on the brand.

Keys to Dymatize's Success





LEADING SPORTS NUTRITION BRAND EQUITY

Top-tier sports powder equity metrics: #1 'Brand I Love', #1 'Brand I Would Pay More For' and #1 NPS score (1)



PREMIUM SPORTS NUTRITION PRODUCTS

Dominant share in highest quality proteins - hydrolyzed whey protein isolate Best tasting chocolate protein powder in the U.S. (2)



STRONG APPEAL TO BROAD SPORTS NUTRITION **AUDIENCE AND WINNING IN MAINSTREAM CHANNELS**

Leading eCommerce presence and market share Distribution in leading mass and food accounts with strong velocities



LEADER IN SPORTS SCIENCE

Years of scientific studies at universities that prove efficacy Formulations based on protein research and fitness science









Notes:

1. Curion 2020 – Competitive Powder Flavors Preference Test.

2. As compared to the top 2 best-selling chocolate sport nutrition protein powders. Premier Nutrition Annual Equity Study. 2021 among top-selling brands.

Proven Track Record Across Channels Based on Strong Customer Relationships





Notes:
1. Channel Sales as a % of Total does not sum to 100% due to exclusion of specialty and other channels.

Attractive Asset-Light Platform...

Manufacturing strategy rooted in an asset-light model with co-manufacturers and third-party logistics distribution centers

Broad network of co-manufacturers allowing for a more flexible and focused approach to manufacturing

 Allows focus on core in-house capabilities, including sales and marketing, brand management, customer service and R&D

Immense scale creates competitive advantage

- Prioritization with co-manufacturers and suppliers
- Purchasing power
- Minimum volume commitments with all of our shake co-manufacturers

Planning process with longer horizon to stay ahead of growth

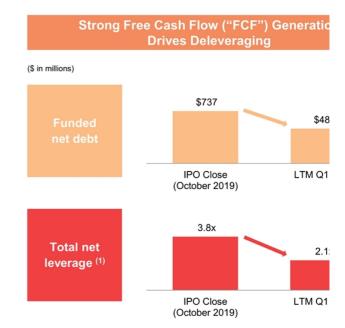




... With Minimal Capital Expenditures Drives Free Cash Flor Generation and Deleveraging

Key Cash Flow Characteristics

- Recurring revenue stream supported by growing market positions and attractive category trends
- · Attractive Adjusted EBITDA margins
- · Asset-light model results in minimal capex needs
- Modest working capital requirements
 - Working capital expected to increase in fiscal year 2022 reflecting an inventory re-build
- Continued strong cash generation through
 Q1 FY2022 has led to ~\$250 million decrease in funded
 net debt and a significant reduction in net leverage by
 ~1.7x since IPO closing

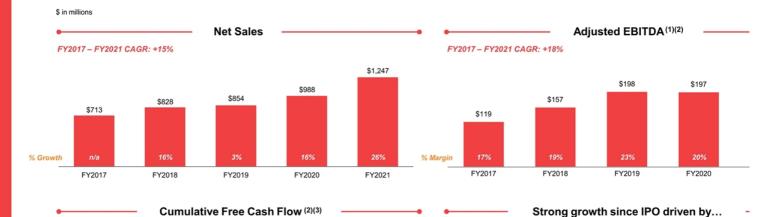




Notes:

Notes:
1. 3.8x October 2019 total net leverage is based on TTM Adjusted EBITDA as of June 30, 2019, per S-1 filing and net debt of \$737 million as of IPO closing date; 2.1x LTM Q1 2022 total net leverage using \$230.2 million Adjusted EBITDA figure which includes (\$2.8 million) Pro Forma MSA Adjustment; Please see the Appendix for a reconciliation to the nearest GAAP figure.

Strong Organic Growth and Attractive Financial Profile





- Continued increase in household penetration
- Broadened availability of BellRing's products in all distribution c including substantial growth in FDM and eCommerce
- Continued expansion of product lines with new brand innovation
- Ability to thrive in a challenging environment and continue to ca market share
- Expanded capacity at key co-manufacturing partners



- Please see the Appendix for a reconciliation to the nearest GAAP figures.
- 2. Figures do not include public company costs in the pre-IPO periods.
 3. Free Cash Flow calculated as Cash Flow from Operations less Capital Expenditures. Starting in FY2020, interest expense was incurred as a component of Cash Flow from Operations. Cumulative Flow calculated as FY2017 Free Cash Flow for each subsequent fiscal year to the fiscal year shown. Please see the Appendix for a reconciliation to the nearest GAAP figure
 4. Annual Free Cash Flow Conversion calculated as Free Cash Flow divided by Cash Flow form Operations for each fiscal year shown on a standalone basis.

5

Experienced and Talented Management Team

Name and title	Year joined	Prior industry experience
Darcy Davenport President and CEO	2011	Oreyers
Paul Rode CFO	2013	BROWN-FORMAN PWC Rateorp
Matt Mainer VP and Treasurer	2015	Mallinckrodt
Doug Cornille Chief Growth Officer	2015	CLIF CUFBARY THE CLOROX COMPANY DIEVERS
Robin Singh SVP Operations	2019	Kraft Mondelē:
Michael Sparda VP of Sales	2017	DANONE WhiteWave Kraft
Craig Rosenthal SVP and General Counsel	2019	HUSCH Caltice
Marc Mollere SVP and GM – International	2011	Henkel Dial Water
Eric Hunn VP of People	2019	WHÔLE GHIRARDELLI — McMASTER-CARR
Soni Ummadi VP R&D	2019	GHIRARDELLI NESTIE DIEVERS CHR. HAN



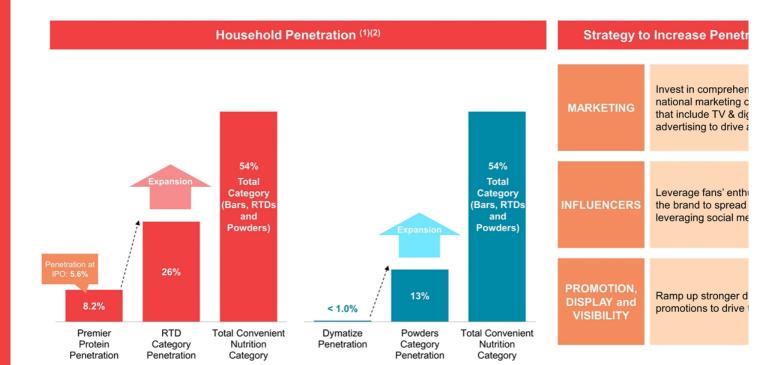
GROWTH STRATEGIES

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Compelling Vision for Growth



Increase Household Penetration





- Notes:
 1. NielsenIQ Household Panel 52 weeks ended July 27, 2019 (penetration at IPO) and January 1, 2022.
 2. Defined as the percentage of the total U.S. households that purchased a specified item at least once during a specified time period.

Deeper Customer Relationships and Channel Expansion

Share of Shelf is the Biggest Opportunity



Category Sales

Share of Shelf Space

Convenient Nutrition RTD Category (1)



eCommerce Remains a Large Opportunity

Great Momentum: Building the Foundation

eCommerce net sales +48% CAGR (FY2017 - FY2021)

Strategy for Growth

- Best-in-class new product launches (Flavors and Platforms) and eCommerce only products
- Win key seasonal and promotional periods in category (New Year / New You, Prime Day)
- Robust consumer targeting to identify new households most likely to try





New Channels Provide Additiona

Foodservice

Convenience

Emerging Channels













Notes:
1. NielsenIQ xAOC+C 26 weeks ended January 1, 2022.



New Product Innovation Remains a Compelling Growth Opport



Strong Success Bringing Flavor Excitement to Premier Protein and Dymatize

- Expanded 30g RTD protein shake business from three flavors in FY2015 to eleven flavors a two seasonal flavors
- Brought excitement to Dymatize ISO-100 with licensed flavors (Pebbles and Dunkin' flavors



Our Innovation Strategy Laser-Focused on Leading Category Growth

- Rapidly maximize RTD momentum through compelling new benefits (energy and immune support) and packaging types
- Expand key brands to new occasions and consumer segments



Dramatically Increased Innovation Capabilities in Recent Years

- R&D centers in the U.S. and Germany, including a robust RTD and powder lab in Emeryville, CA
- · Created dedicated innovation and insights team
- · Built in-house sensory facilities and consumer co-creation capabilities



Multiple Strategic Routes for International Growth

International convenient nutrition category is expected to grow at a ~5% CAGR (2021 – 2025) (1) BellRing's international business, which is currently 11% of net sales (2), grew at 7% net sales CAGR (2017 – 2)

Leverage U.S. Global Customers **Expand and Invest in Key Markets** Build eCommerce via Major Mexico/Latin America Amazon ✓ Lazada Costco V Walmart V Sam's Club India Middle East and North Africa ✓ Tmall, JD, Kaoia Leverage Premier Protein shakes success Invest in brand building through marketing Canada, Mexico and China price story in U.S. and Canada for expansion and consumer insights eCommerce exclusive items Expansion priority: U.K./EU, Latin America, Drive expansion into other modern trade Asia Pacific Phased approach 2023-2025 Broaden portfolio to existing distributor partnerships



5

Opportunistically Pursue Value Accretive Acquisitions

Operates in a Fragmented Market with Attractive Acquisition Opportunities





BUSINESS & FINANCIAL UPDATE

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Fiscal Q1 2022 Business Highlights

- Consumption continues to grow:
 - Dollar consumption of Premier Protein RTD shakes and Dymatize powder products in tracked and untracked char increased 10.4% and 47.6%, respectively, for the 13-week period ended January 1, 2022 compared to the same I the prior year (1)
 - Strong brand momentum and distribution gains for both Premier Protein and Dymatize
 - Premier Protein growth despite lapping promotions and capacity constraints
 - Step change growth in the RTD liquids and powder categories
- Key metrics continue to show strong progress against our growth strategies and reaffirm a long runway for sustained growth:
 - Household penetration for the Premier Protein brand is at 8.2%, an increase of +14% vs. the prior year period. Th continues to have strong upside, with household penetration of the liquids category at 25.8% (up 2.3pts vs. prior) and total convenient nutrition at 54.4% (2)
 - Total distribution points ("TDPs") started to rebound in Q1



Notes:
1. NielsenIQ xAOC+C 13 weeks ended January 1, 2022 and management estimates of untracked channels for the 13 weeks ended January 2, 2022.
2. NielsenIQ HH panel, 52 weeks ending January 1, 2022.

Shake Supply Constraints and Our Response

SUPPLY CONSTRAINTS

- We grew two years in one in FY2021 consuming all safety stock and available capacity
- Capacity expected to come on board in FY2021 and FY2022 was delayed due to COVID-19
- Co-manufacturers have experienced significant labor challenges since mid-fiscal 2021

OUR RESPONSE

- Temporarily reduced shake flavors to seven core flavors
- Allocation strategy for balance of FY2022 with no promotions planned
- Onboarding three new shake co-manufacturers in FY2022
- Rebuilding shake inventory levels in FY2022

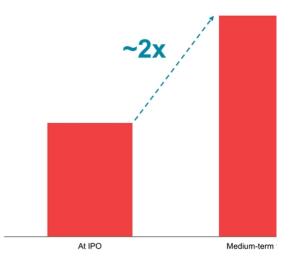


Plan to Increase Shake Co-Manufacturing Capacity

Expansion of Our Co-Manufacturing Network

- ✓ Aggressively securing new capacity with long-term commitments
 - Strategy shift from protecting against take or pay risk to leaning into demand upside
 - Leveraging Integrated Business Planning process to 'see around corners' and stay ahead of growth
- Over the medium-term, we expect to have a robust network of comanufacturers. We expect the network to offer:
 - Much less concentration with <20% from a single location
 - Optimal locations throughout the U.S., reducing miles to the customer
 - Increased flexibility with 10+ co-manufacturing partners

Expansion of Capacity





Fiscal Q1 2022 Financial Highlights

Overview of Fiscal Q1 2022 (1)

- On February 3, 2022, BellRing reported results for the first fiscal quarter ended December 31, 2021
 - Net sales of \$306.5 million and Adjusted EBITDA of \$59.8 million (2)
- Net sales were \$306.5 million, an increase of 9%, or \$24.1 million, compared to the prior year period
 - Premier Protein: Net sales increased 5% and volumes declined 6%, benefitting from higher average net selling prices driven by reduced promotional activity and price increases
 - o Overall net sales growth was impacted by capacity constraints across the broader shake contract manufacturer network. This resulted in certain products placed on allocation which caused an expected reduction in volumes sold and demand-driving promotional activity
 - Dymatize: Net sales increased 41%, with volumes up 8%, benefitting from (i) higher average net selling prices (driven by price increases and a favorable product mix), (ii) strong velocities driven in part by continued category momentum and (iii) distribution gains for both existing and new products
 - All other products: Net sales increased 3%
- Gross profit was \$92.3 million, or 30.1% of net sales, an increase of 0.4%, or \$0.4 million, compared to \$91.9 million, or 32.5% of net sales, in the prior year period
 - The lower gross profit margin was driven by higher input costs (predominantly whey-based and milk-based proteins and freight)
- On February 3, 2022, BellRing reaffirmed the following FY2022 guidance: (1)
 - Net sales of \$1.36-\$1.41 billion
 - Adjusted EBITDA of \$255-\$265 million Capital expenditures of \$4 million





1. Please refer to BellRing's Form 8-K filed on February 4, 2022, for additional detail. Please also refer to "Additional Information – Prospective Financial Information" in this presentation.
2. Please see the Appendix for a reconciliation to the nearest GAAP figures.

Long-Term Targets (1)

Organic Net Sales Growth

~10% - 12%

Adj. EBITDA Margin

~18% - 20% of Net Sales



Note:
1. These are not projections; they are goals / targets and are forward-looking, subject to significant business, economic, regulatory and competitive uncertainties and contingencies, many of which the control of the Company and its management. Nothing in this presentation should be regarded as a representation by any person that these goals / targets will be achieved and the Company unduty to update its goals. See the slides entitled "Cautionary Statement Regarding Forward-Looking Statements" at the beginning of this presentation for additional information.

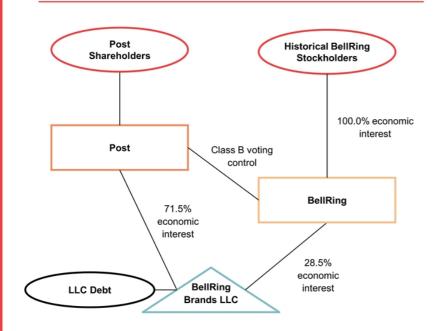
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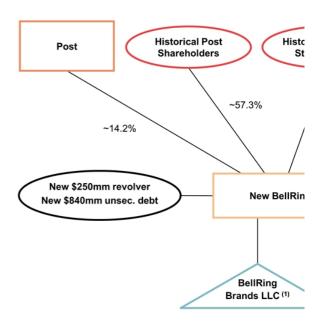
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Current and Pro Forma Organizational Structure

Current Structure

Structure Pro Forma for the Transac







Premier Protein RTD Shakes Growing in Key Channels



		Premier Protein RTD Sha Sales Growth vs. Prior Yo		
Channel		13 Weeks	52 We	
Club		+6.4%	+17.4	
Mass		+15.5%	+46.1	
Food		+4.3%	+48.0	
Drug		+31.2%	+27.4	
eCommerce		+24.8%	+34.6	
Total Consumption (tracked + untracked channels)		+10.4%	+26.6	
	Total Tracked	+14.4%	+31.4	
	Total Untracked	+6.9%	+22.2	



Dymatize Powder Experiencing Strong Growth In All Channels



	U.S. Dymatize Powders Sales Growth vs. Prior Yo		
Channel	13 Weeks	52 We	
eCommerce	+47.2%	+57.7	
Specialty/All Other	+19.4%	+36.0	
Mass	+164.4%	+376.	
Club	+46.9%	+63.8	
Food	+35.6%	+56.6	
Total Consumption (tracked + untracked channels)	+47.6%	+68.8	
Total Tracked	+70.9%	+115.	
Total Untracked	+38.4%	+52.2	



Notes:

NielsenIQ xAOC+C 13 and 52 weeks ended January 1, 2022 and management estimates of untracked channels for the 13 and 52 weeks ended January 2, 2022. Tracked and untracked consumptic represents ~75% of total U.S. business.

Explanation and Reconciliation of Non-GAAP Measures

BellRing uses Adjusted EBITDA, a non-GAAP measure, in this presentation to supplement its financial measures prepared in accordance with U.S. generally accepted accounting princ ("GAAP"). Adjusted EBITDA is not prepared in accordance with GAAP, as it excludes certain items as listed below, and may not be comparable to similarly-titled measures of other comparable of this non-GAAP measure to the most directly comparable GAAP measure is provided in the tables on the following slides in this Appendix.

BellRing believes that Adjusted EBITDA is useful to the reader in evaluating BellRing's operating performance and liquidity because (i) BellRing believes it is widely used to measure a company's operating performance without regard to items such as depreciation and amortization, which can vary depending upon accounting methods and the book value of assets, (ii) presents a measure of corporate performance exclusive of BellRing's capital structure and the method by which the assets were acquired and (iii) it is a financial indicator of a company to service its debt, as BellRing Brands, LLC is required to comply with certain covenants and limitations that are based on variations of EBITDA in its financing documents. Managemen Adjusted EBITDA to provide forward-looking guidance and to forecast future results.

Adjusted EBITDA reflects adjustments for income tax expense, interest expense, net, depreciation and amortization including accelerated depreciation and amortization, and the following

- a) Impairment of goodwill: BellRing has excluded expenses for impairments of goodwill as such non-cash amounts are inconsistent in amount and frequency, and BellRing believes to costs do not reflect expected ongoing future operating expenses and do not contribute to a meaningful evaluation of BellRing's current operating performance or comparisons of Boograting performance to other periods.
- b) Restructuring and facility closure costs, excluding accelerated depreciation: BellRing has excluded certain costs associated with facility closures as the amount and frequency of si adjustments are not consistent. Additionally, BellRing believes that these costs do not reflect expected ongoing future operating expenses and do not contribute to a meaningful ev of BellRing's current operating performance or comparisons of BellRing's operating performance to other periods.
- c) Stock-based compensation: BellRing's compensation strategy after the initial public offering (the "IPO") includes the use of BellRing stock-based compensation to attract and retair executives and employees by aligning their long-term compensation interests with BellRing's stockholders' investment interests. BellRing's director compensation strategy includes election by any director who earns retainers in which the director may elect to defer compensation granted as a director to BellRing Class A common stock, earning a match on the both of which are stock-settled upon the director's retirement from the BellRing board of directors. BellRing's compensation strategy prior to the IPO included the use of Post stock compensation to attract and retain executives and employees by aligning their long-term compensation interests with Post's shareholders' investment interests; after the IPO, BellF continues to be charged for Post stock-based compensation through the master services agreement with Post. BellRing has excluded stock-based compensation as stock-based compensation can vary significantly based on reasons such as the timing, size and nature of the awards granted and subjective assumptions which are unrelated to operational de and performance in any particular period and does not contribute to meaningful comparisons of BellRing's operating performance to other periods.
- d) Separation costs: BellRing has excluded certain expenses incurred (i) to effect its separation from Post, (ii) in connection with Post's plan to distribute Post's interest in BellRing an support its transition into a separate stand-alone, publicly-traded entity, as the amount and frequency of such expenses are not consistent. Additionally, BellRing believes that thes do not reflect expected ongoing future operating expenses and do not contribute to a meaningful evaluation of BellRing's current operating performance or comparisons of BellRing operating performance to other periods.
- e) Loss on refinancing of debt: BellRing has excluded losses recorded on refinancing of debt, inclusive of the write-off of debt issuance costs as such losses are inconsistent in amou frequency. Additionally, BellRing believes that these losses do not reflect expected ongoing future operating expenses and do not contribute to a meaningful evaluation of BellRing operating performance or comparisons of BellRing's operating performance to other periods.



Explanation and Reconciliation of Non-GAAP Measures (Cc

- f) Assets held for sale: BellRing has excluded adjustments recorded to adjust the carrying value of facilities and other assets classified as held for sale as such adjustments represer cash items and the amount and frequency of such adjustments are not consistent. Additionally, BellRing believes that these adjustments do not reflect expected ongoing future op expenses or income and do not contribute to a meaningful evaluation of BellRing's current operating performance or comparisons of BellRing's operating performance to other per
- g) Adjustment to tax receivable agreement ("TRA") liability: BellRing has excluded adjustments to its TRA liability as the amount and frequency of such adjustments are not consisten Additionally, BellRing believes that these adjustments do not contribute to a meaningful evaluation of BellRing's current operating performance or comparisons of BellRing's opera performance to other periods.
- h) Foreign currency gain/loss on intercompany loans: BellRing has excluded the impact of foreign currency fluctuations related to intercompany loans denominated in currencies other the functional currency of the respective legal entity in evaluating BellRing's performance to allow for more meaningful comparisons of performance to other periods.
- Mark-to-market adjustments on commodity hedges: BellRing has excluded the impact of mark-to-market adjustments on commodity hedges due to the inherent uncertainty and vo associated with such amounts based on changes in assumptions with respect to fair value estimates. Additionally, these adjustments are primarily non-cash items and the amount frequency of such adjustments are not consistent.
- Net earnings attributable to redeemable noncontrolling interest ("NCI"): BellRing has included adjustments for the portion of its consolidated net earnings/loss which was allocated allowing for the calculation of Adjusted EBITDA to include 100% of BellRing as BellRing's management evaluates BellRing's operating performance on a basis that includes 100% BellRing
- k) Pro Forma MSA Adjustment for Spin: Non-recurring charges incurred as a result of the Master Services Agreement ("MSA") with Post relating to the spin-off. BellRing has included adjustments for an estimated \$5.0 million of expenses under the Amended and Restated MSA to be entered into between New BellRing and Post, offset by the removal of \$2.2 mi expenses incurred under BellRing Brands, LLC's existing MSA with Post.



BellRing Adjusted EBITDA Reconciliation

(\$ in millions)	Fiscal Year Ended Sep 30			
	2017	2018	2019	2020
Net Earnings Available to Class A Common Stockholders	\$-	\$-	\$-	\$23.5
Income tax expense	30.4	23.7	39.4	9.2
Interest expense, net		-	-	54.7
Depreciation and amortization, including accelerated depreciation and amortization	25.3	25.9	25.3	25.3
Impairment of goodwill	26.5	-	-	-
Stock-based compensation	1.1	1.8	3.6	6.5
Separation costs		-	6.7	1.9
Restructuring and facility closure costs, excluding accelerated depreciation	0.2	-	-	-
Assets held for sale	(0.2)	-	-	-
Loss on refinancing of debt	-	-	-	-
Adjustment to TRA liability		-	-	-
Foreign currency loss (gain) on intercompany loans				(0.5)
Mark-to-market adjustments on commodity hedges		-	-	-
Provision for legal settlement	-	9.0	-	-
Net earnings attributable to redeemable noncontrolling interest	35.2	96.1	123.1	76.6
Adjusted EBITDA	\$118.5	\$156.5	\$198.1	\$197.2



BellRing Adjusted EBITDA Reconciliation (Cont'd)

(\$ in millions)	Fiscal Year Ended Sep 30	Three Months Ended Dec 31	Three Months La Ended Dec 31
	2021	2020	2021
Net Earnings Available to Class A Common Stockholders	\$27.6	\$7.8	\$8.2
Income tax expense	8.8	2.1	2.9
Interest expense, net	43.2	12.8	8.4
Depreciation and amortization, including accelerated depreciation and amortization	53.7	6.7	5.3
Stock-based compensation	7.3	1.9	2.0
Separation costs	0.2	-	2.0
Restructuring and facility closure costs, excluding accelerated depreciation	5.2	4.6	-
Loss on refinancing of debt	1.6	-	-
Adjustment to TRA liability	(0.4)	-	-
Foreign currency loss (gain) on intercompany loans	0.1	(0.3)	0.2
Mark-to-market adjustments on commodity hedges	(0.2)	-	(0.3)
Net earnings attributable to redeemable noncontrolling interest	86.8	25.1	31.1
Adjusted EBITDA	\$233.9	\$60.7	\$59.8
Pro Forma MSA Adjustment for Spin	-	-	-
Pro Forma Adjusted EBITDA	\$233.9	\$60.7	\$59.8



BellRing Free Cash Flow Reconciliation

(\$ in millions)	Fiscal Year Ended Sep 30			
	2017	2018	2019	2020
Cash flow from operations	\$80.4	\$141.2	\$98.3	\$97.2
Capital expenditures	(3.9)	(5.0)	(3.2)	(2.1)
Free Cash Flow	\$76.5	\$136.2	\$95.1	\$95.1

(\$ in millions)	Fiscal Year Ended Sep 30	Three Months Ended Dec 30	Three Months Ended Dec 30	La
	2021	2020	2021	
Cash flow from operations	\$226.1	\$23.3	(\$9.1)	
Capital expenditures	(1.6)	-	(0.6)	
Free Cash Flow	\$224.5	\$23.3	(\$9.7)	





